Montmorency County Senior News

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December 2022 Issue 70







Office Hours Monday - Friday 8:00 a.m. - 5:00 p.m.

989-785-2580 MCCOA 2022 Board Meeting Dates December 15, 2022 January 19, 2023 February 16, 2023 Board meeting 5:30 pm at MCCOA Office

MCCOA BOARD MEMBERS

Vacant, Chairperson Vacant, Vice Chairperson Corleen Proulx, Treasurer Marian Weber , Secretary Vacant, Hillman Member at Large Vacant, Lewiston Member at Large Don Edwards, County Commissioner Randy Wiscombe, Hillman Rep

MCCOA STAFF

Harmony Lewis, Director Hlewis@montmorencycoa.org Jeanne Steele-Brady, Registered Nurse Jsteelebrady@montmorencycoa.org Nicole Morisett, In Home Coordinator Nmorisett@montmorencycoa.org Susan Takash, Administrative Assistant



Playing Day

INSIDE THIS ISSUE

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Mccoa Office and Centers Closed for Christmas and New Years

> 12/23 through 12/26 12/30 through 1/2/2023



We are looking for volunteers to help transport Seniors to medical appointments and Senior

Companions.





POSITIONS AVAILABLE

IN HOME PROVIDERS

Working in the clients homes helping with home-

making, personal care and respite.

(Full and Part Time positions available)







Director's Corner

This month I would like to shine the spotlight on one of our wonderful employees who retired as of November 30th. Sally has been a cook for MCCOA for six years working in Lewiston and Hillman. Her beautiful smile can light up a room and she always has a hug for you. The Lewiston 50+ Club had a retirement party for her on November 15th and it was so wonderful to see the outpouring of love she received from the congregate diners. We will miss Sally's smile and hugs, but she told me she may still pop in here and there to help out the centers. All of us at MCCOA wish her the Happiest Retirement and wish her well for the future.







For safety, this will be a drive up distribution. Please remain in your vehicle. May pick up for more than one family. No Income requirements. May begin earlier to lessen traffic.

First come - First served. Limited supply.

ATLANTA - 10:30 to 1:00 First Wednesday of the Month ATLANTA THUNDER BAY EAGLES

10982 M-32, Atlanta

December 7th

HILLMAN - 11 Until Gone

Third Wednesday of the Month

PATCHWOOD PLAZA

14797 State Street South, Hillman

December 21st

Hillman Contact: Barb Durflinger 989-742-2790 Atlanta Contact: Zuesha Lunsford 989-590-7612

Mrs. Brown's Snickerdoodles 1/2 cup shortening 1/2 cup butter 3/4 tsp vanilla

- 1/2 cup butter 1 1/2 cups sugar 2 eggs
- 2 3/4 cups flour

2 tsp cream of tart
3/4 tsp vanilla
1 tsp soda
1/4 tsp salt

Mix shortening, butter, sugar and eggs. Add flour, cream of tartar, vanilla soda & salt.

Roll into balls size of walnuts. Roll in mixture of 2 Tbls sugar and 2 tsp of cinnamon. Place on ungreased cookie sheet and bake for 8-10 min. at 400

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December 2022 ATLANTA SENIOR CENTER MENU

PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:30 p.m. for Congregate meals . Dinner served at 5:00 p.m.

with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE Call in reservations must be made before 11am at (989) 785-3932.

At this time walk-in reservations are restricted.

FOR HOME DELIVER MEAL CANCELLATIONS PLEASE CALL (989)785-2580 BEFORE 11:00

Monday	Tuesday	Wednesday		Thursd	ау	Friday
Atlanta Senior Center 11780 M33 North 989-785-3932				 Swedish M Over Noodles Beets Spinach Pears 	2. Closed	
5. Oven Fried Chicken Baked Potato Squash Peaches	6. Lasagna Green Beans California Blend Mixed Fruit	7. Swiss Steak Mashed Potatoes Corn Pears		8. Pork Roast Mashed Potat Prince Charles Applesauce	9. Closed	
12. Beef & BroccoliOver RiceBeetsNorthwest BlendMandarin Oranges	13. MeatloafScalloped PotatoesBrussel SproutsMixed Fruit	14. BIRTHDAY TU DINNER CAKE & ICE CRE	AM	15. BBQ Ribs Baked Potato California Bler Pineapple	16. Closed	
19. Chicken Parmesan Over Spaghetti Cauliflower Broccoli Peaches	20. Cabbage Rolls Parsley Potatoes Squash Mixed Fruit	21. Pork Chop Scalloped Potatoe Green Beans Applesauce	22. Roast Beer Mashed Potat Glazed Carrot Mandarin Ora	23. Closed		
26. Closed	27. Goulash Cauliflower Prince Charles Blend Pears	28. Chicken Alfredo Over Pasta Spinach Northwest Blend Peaches		29. Boiled Ham Potatoes Carrots Cabbage Pineapple		30. Closed
EXERCISE CLAS Monday, Wednesday, & 9:00 am—10:15 a Remember to Stay Safe. you are arou	COMMODI- TIES Seniors (40 lbs.) December 13 2022 I:00 - 1:30	Please 350-563 for Bin To ma pa (Ever	ase call Cathy at (989) 5636 for Bunko or Linda Bingo at (989)-785-6594 o make sure there is a partner available Every other Thursday) Ac		Bay Quilt IIId Tuesday call Pam natz pre info	

December 2022 HILLMAN SENIOR CENTER MENU

PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:30 p.m. for Congregate meals . Dinner served at 5:00 p.m. with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE. Call in reservations must be made before 11 A.M at (989)742-3013.

At this time walk-in reservations are restricted.

FOR HOME DELIVERED MEAL CANCELLATIONS PLEASE CALL (989)785-2580 Before 11:00

Monday	Tuesday	Wednesday	v	Thursday	Friday	
Hillman Center 431 Pine View Ct 989-742-3013				 Swedish Meatballs Over Noodles Beets Spinach Pears 	2. Closed	
5. Oven Fried Chicken Over Rice Beets Malibu Blend Mandarin Oranges	6. Lasagna Green Beans California Blend Mixed Fruit	7. Swiss Steak Mashed Potatoes Corn Pears		 8. Pork Roast Mashed Potatoes Prince Charles Blend Applesauce 	9. Closed	
12. Beef & BroccoliOver RiceBeetsMalibu BlendMandarin Oranges	13. Chicken AlfredoOver PastaSpinachNorthwest BlendPeaches	14. MeatloafScalloped PotatoesBrussel SproutsMixed Fruit		15. Boiled HamPotatoesCarrotsCabbagePineapple	16. Closed	
19. Chicken Parmesan Over Spaghetti Cauliflower Broccoli Peaches	20. Cabbage Rolls Parsley Potatoes Squash Mixed Fruit	21. Pork Chop Scalloped Potatoes Green Beans Applesauce		22. Roast Beef Mashed Potatoes Glazed Carrots Mandarin Oranges	23. Closed	
26. Closed	27. Goulash Cauliflower Prince Charles Blend Pears	28. BIRTHDAY TH DINNER CAKE & ICE CI	REAM	29. BBQ Ribs Baked Potato California Blend Pineapple	30. Closed	
Seniors (40 lbs.)	Open at 1pm Monday thru Thursday	Meeting Mird Thursday 3pm		ne Dancing and Quilting Wednesdays at 10 am ame Day Fridays at 2 pm		
Remember to Stay Safe. Use y are around Peo						

December 2022 LEWISTON SENIOR MENU

PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:00 p.m. for Congregate meals. Dinner served at 5:00 p.m. with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE. Call in reservations must be made before 11 A.M. at (989)786-3124.

At this time walk-in reservations are restricted.

FOR HOME DELIVERED MEAL CANCELLATIONS PLEASE CALL (989)785-2580

Monday	Tuesday	Wednesday	Thursday	Friday		
Lewiston 50 + Club 2811 Kneeland 989-786-3124 5. Oven Fried Chicken Baked Potato	6. Lasagna Green Beans	7.	 Chicken Pot Pie Coleslaw California Blend Peaches Swiss Steak 	 2. Swedish Meatballs Over Noodles Beets Spinach Peaches 9. Pork Roast 		
Squash Peaches 12. Beef & Broccoli	California Blend Mixed Fruit 13. Chicken Alfredo	Closed	Mashed Potatoes Corn Pears 15. Meatloaf	Mashed Potatoes Prince Charles Blend Applesauce		
Over Rice Malibu Blend Beets Mandarin Oranges	Over Pasta Spinach Northwest Blend Peaches	Closed	Scalloped Potatoes Brussel Sprouts Mixed Fruit	16. Boiled HamPotatoesCarrotsCabbagePineapple		
19. Chicken Parmesan Over Spaghetti Cauliflower Broccoli Peaches	20. BIRTHDAY TURKEY DINNER CAKE & ICE CREAM	21. Closed	22. Roast Beef Mashed Potatoes Glazed Carrots Mandarin Oranges	23. Closed		
26. Closed Happy Holidays	27. Goulash Cauliflower Prince Charles Blend Pears	28. Closed	 29. BBQ Ribs Baked Potato California Blend Pineapple 	30. Closed		
Commodities Seniors (40 lbs.) December 13, 2022 12:00–12:30 Remember to Stay Safe. Use your Mask when you are around People.	Exercise Class: Monday, Wednesday, Thursday & Friday at 10a.m. Come Join Us!	B	Euchre: Every Tuesday & Thursday 1p.m. Every Wednesday Doors open at 4:00p.m.	Lewiston 50 + Club Board of Directors Meeting (3rd Monday) 10:00 am		