

Montmorency County Senior News

11463 McArthur Road, P.O. Box 788, Atlanta, MI 49709

Email: info@montmorencycoa.org, web www.montmorencycoa.org

February 2022

Issue 60



FEBRUARY



Office Hours
Monday - Friday
8:00 a.m. - 5:00 p.m.

989-785-2580

MCCOA 2021 Board Meeting Dates

February 17, 2022

March 17, 2022

April 21, 2022

Board meeting 10:00 am at

MCCOA Office

MCCOA BOARD MEMBERS

Julie Kendrick, Chairperson
Geyer Balog, Vice Chairperson
Corleen Proulx, Treasurer
Janet Demeulenaere, Trustee
Elaine Ableidinger, Trustee
Geyer Balog, County Commissioner

MCCOA STAFF

Harmony Lewis, Director
hlewis@montmorencycoa.org
Maureen Kent, Registered Nurse
Mkent@montmorencycoa.org
Nicole Morisett, In Home Coordinator
Nmorisett@montmorencycoa.org
Susan Takash, Administrative Assistant
Stakash@montmorencycoa.org



February Dates

2/2 Groundhog Day

2/14 Valentine's Day

2/21 President's Day

2/27 National Strawberry Day

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Would you like to help a senior in need ?

We are looking for volunteers to help transport seniors to medical appointments.



Please, stop by the MCCOA office to fill out an application to volunteer.

Positions Available

In Home Providers

Working in clients homes helping with homemaking, personal care & respite.

(Full and Part Time positions available)

Back up Cook Aid / Home Meal Deliver Driver

Assist cooks at the senior centers and also be a back up for the home delivered meals.

(Full and Part Time positions available)

For more information contact the MCCOA office at 989-785-2580





Directors Corner -

It's hard to believe we have already reached February and winter is almost over! As we move closer to springtime, more daylight and warmer weather, it can also mean a surge in illnesses. There will be COVID-19 rapid tests available free of charge at the commodity distribution sites in Montmorency County. District Health Department #4 is also offering free mobile vaccines to home-bound individuals. Call 989-785-4428 to schedule an appointment. Senior Centers in Atlanta, Lewiston and Hillman continue to offer to-go and drive-up meals in addition to dine in. Please continue to wear a mask in crowded indoor settings and when around those who not been vaccinated. Stay healthy and safe !



For safety, this will be a drive up distribution. Please remain in your vehicle. May pick up for more than one family. No Income requirements. May begin earlier to lessen traffic.

First come - First served. Limited supply.

ATLANTA - 12 Until Gone
First Wednesday of the Month
ATLANTA THUNDER BAY EAGLES

10982 M-32, Atlanta

February 2nd

HILLMAN - 12 Until Gone

Third Wednesday of the Month

PATCHWOOD PLAZA

14797 State Street South, Hillman

February 16th

Hillman Contact: Barb Durlflinger

989-742-2790

Atlanta Contact: Zuesha Lunsford

989-590-7612

Are you Age 55 or Older,
looking for on-the-job experience,
the opportunity to re-enter the workforce,
and to improve or learn new job skills?

Senior Community Service Employment Program (SCSEP)



The mission of SCSEP is to provide job training and placement for people with limited financial resources. You will receive personalized help in meeting your goals.

Goals:

- Learn new skills or improve current skills
- Foster self-sufficiency training and job placement
- Work for a local Non-Profit agency
- Re-enter the workforce

Services include:

- 20 hour per week at minimum wage
- Job training and education opportunities
- On-the-job experience
- Opportunities for future employment placement

To qualify for the program you must:

- Be 55 years of age or older
- Have an annual income not more than 125% of the established federal poverty income guidelines (\$16,100) for a family of one)
- Be eligible to work in the United States
- Be currently unemployed

If you are interested, please contact
Connie McQuarrie at
989.358.4661 or mcquarrie@nemcsa.org

The Senior Community Service Employment Program (SCSEP) is funded by a grant from the Department of Labor under Title V of the Older Americans Act.

**February 2022 ATLANTA SENIOR CENTER MENU
 PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING**




Doors will open at 4:30 p.m. for Congregate meals . Dinner served at 5:00 p.m.

with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE Call in reservations must be made before 11am at **(989) 785-3932**.

At this time walk-in reservations are restricted.

FOR HOME DELIVER MEAL CANCELLATIONS PLEASE CALL (989)785-2580

Monday	Tuesday	Wednesday	Thursday	Friday
Atlanta Senior Center 11780 M33 North 989-785-3932	1. Oven Fried Chicken Baked Potato Squash Peaches	2. Pork Chops Au Gratin Potatoes Prince Charles Blend Applesauce	3. Hamburger Stroganoff Over Noodles Brussel Sprouts Beets Pears	4. Closed
7. Country Fried Steak Mashed Potatoes Green Beans Applesauce	8. Homemade Pizza Tossed Salad California Blend Mandarin Oranges	9. BIRTHDAY TURKEY DINNER CAKE & ICE CREAM 	10. Liver & Onions American Fries Prince Charles Blend Mixed Fruit	11. Closed
14. Meatloaf Au Gratin Potatoes Green Beans Pears	15. Chicken Alfredo Over Noodles Broccoli Tossed Salad Peaches	16. Swiss Steak Mashed Potatoes Carrots Mandarin Oranges	17. Baked Fish Roasted Red Potatoes Coleslaw Mixed Fruit	18. Closed
21. Polish Sausage & Sauerkraut Boiled Potatoes Squash Applesauce	22. Beef and Gravy Over Rice Spinach Carrots Pineapple	23. Chicken Pot Pie Cauliflower Coleslaw Pears	24. Lasagna Tossed Salad Broccoli Mixed Fruit	25. Closed
28. BBQ Ribs Baked Potato California Blend Pineapple				

EXERCISE CLASS

Monday, Wednesday, & Friday
9:00 am—10:15 am



Remember to Stay Safe. Use your Mask when you are around People.

COMMODITIES

Seniors
(40 lbs.)
February 21st, 2022
10am-10:30am

BUNKO

Please call Carol at
(989) 785-3843
To make sure there is a partner available
(Every other Thursday)
1:00p.m. until

Montmorency County Conservation Club

Every second Tuesday of the month 7:00p.m.



February 2022 HILLMAN SENIOR CENTER MENU
PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:30 p.m. for Congregate meals . Dinner served at 5:00 p.m.
 with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE. Call in reservations must be made before 11 A.M at **(989)742-3013.**

At this time walk-in reservations are restricted.

FOR HOME DELIVERED MEAL CANCELLATIONS PLEASE CALL (989)785-2580

Monday	Tuesday	Wednesday	Thursday	Friday
Hillman Center 431 Pine View Ct 989-742-3013	1. Oven Fried Chicken Baked Potato Squash Peaches	2. Pork Chops Au Gratin Potatoes Prince Charles Blend Applesauce	3. Hamburger Stroganoff Over Noodles Brussel Sprouts Beets Pears	4. Closed
7. Country Fried Steak Mashed Potatoes Green Beans Applesauce	8. Chicken Pot Pie Cauliflower Coleslaw Pears	9. Homemade Pizza Tossed Salad California Blend Mandarin Oranges	10. Liver & Onions American Fries Prince Charles Blend Mixed Fruit	11. Closed
14. Meatloaf Au Gratin Potatoes Green Beans Pears	15. Chicken Alfredo Over Noodles Broccoli Tossed Salad Peaches	16. Swiss Steak Mashed Potatoes Carrots Mandarin Oranges	17. Baked Fish Roasted Red Potatoes Coleslaw Mixed Fruit	18. Closed
21. Polish Sausage & Sauerkraut Boiled Potatoes Squash Applesauce	22. Beef and Gravy Over Rice Spinach Carrots Pineapple	23. BIRTHDAY TURKEY DINNER CAKE & ICE CREAM 	24. Lasagna Tossed Salad Broccoli Mixed Fruit	25. Closed
28. BBQ Ribs Baked Potato California Blend Pineapple				

Commodities
Seniors
 (40 lbs.)
 February 21st, 2022
 11-11:30am

WEEKLY ACTIVITIES
 Open at 1pm
 Monday thru
 Thursday
 Puzzles, Wi-Fi &
 Library

Hillman Sr. Center
Board of Directors
Meeting
 Every Third Thursday 3pm




Remember to Stay Safe. Use your Mask when you
 are around People.




February 2022 LEWISTON SENIOR MENU
PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:00 p.m. for Congregate meals. Dinner served at 5:00 p.m.
 with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE. Call in reservations must be made before 11 A.M. at **(989)786-3124.**

At this time walk-in reservations are restricted.

FOR HOME DELIVERED MEAL CANCELLATIONS PLEASE CALL (989)785-2580

Monday	Tuesday	Wednesday	Thursday	Friday	
Lewiston 50 + Club 2811 Kneeland 989-786-3124	1. Chicken Alfredo Over Noodles Broccoli Tossed Salad Peaches	2. Closed	3. Pork Chops Au Gratin Potatoes Prince Charles Blend Applesauce	4. Hamburger Stroganoff Over Noodles Brussel Sprouts Beets Pears	
	7. Country Fried Steak Mashed Potatoes Green Beans Applesauce	8. Oven Fried Chicken Baked Potato Squash Peaches	9. Closed	10. Homemade Pizza Tossed Salad California Blend Mandarin Oranges	11. Liver & Onions American Fries Prince Charles Blend Mixed Fruit
	14. Meatloaf Au Gratin Potatoes Green Beans Pears	15. BIRTHDAY TURKEY DINNER CAKE & ICE CREAM 	16. Closed	17. Swiss Steak Mashed Potatoes Carrots Mandarin Oranges	18. Baked Fish Roasted Red Potatoes Coleslaw Mixed Fruit
	21. Polish Sausage & Sauerkraut Boiled Potatoes Squash Applesauce	22. Beef and Gravy Over Rice Spinach Carrots Pineapple	23. Closed	24. Chicken Pot Pie Cauliflower Coleslaw Pears	25. Lasagna Tossed Salad Broccoli Mixed Fruit
	28. BBQ Ribs Baked Potato California Blend Pineapple				

Commodities
Seniors
 (40 lbs.)
 February 21st, 2022
 9-9:30am

Exercise Class:
 Monday, Wednesday,
 Thursday &
 Friday at 10a.m.



Euchre:
 Every Tuesday &
 Thursday 1p.m.

Lewiston 50+ Club
Board of Directors
Meeting
 (3rd Monday)
 11:00am

Remember to Stay Safe. Use your Mask when you are around People.



Doors open at
 4:00p.m.
 Every Wednesday

