

Montmorency County Senior News

11463 McArthur Road, P.O. Box 788, Atlanta, MI 49709

web www.montmorencycoa.org

February, 2024

Issue 83

February

Office Hours
Monday - Friday
8:30 a.m. - 4:30 p.m.

989-785-2580

MCCOA 2023 Board Meeting Dates

February 15, 2024

March 21, 2024

April 18, 2024

Board Meeting 5:30 pm at
MCCOA Office

MCCOA BOARD MEMBERS

Randy Wiscombe, Chairperson

Don Edwards, Vice Chairperson

Corleen Proulx, Treasurer

Vacant, Secretary

Vacant, Lewiston Trustee

Don Edwards, County Commissioner

Vacant, Atlanta Trustee

Joe Bouchey, Hillman Trustee

MCCOA STAFF

Beverly Crawford, Executive Director

bcrawford@montmorencycoa.org

Jeanne Steele-Brady, Registered Nurse

jsteelebrady@montmorencycoa.org

Linda Kline, In Home Coordinator

lkline@montmorencycoa.org

Susan Takash, Administrative Assistant

stakash@montmorencycoa.org

Dear Elderly Community of Montmorency County,

As winter embraces us, The Montmorency County Commission on Aging extends a caring reminder to prioritize your health and safety. Stay warm and dry during cold temperature to safeguard against winter-related challenges. Embrace layers, stay hydrated, and ensure your living space is well-heated. Be cautious of slippery surfaces to prevent falls.

Remember, the Montmorency County Commission of Aging is here to support you. Your well-being is our priority.

REMINDER: NEW OFFICE HOURS AT MCCOA

Monday through Thursday, 8:30 am to 4:30 pm

Fridays the office is closed to the public, however you may call and leave a message with any changes you may have with your service.

Warm regards,

Beverly Crawford

Executive Director





What's Happening

Hillman

Monday thru Thursday: Puzzles, Wi-Fi
and Library open at 1:00

Wednesday: Line Dancing and Quilting,

Thursday : Game Day at 1:00

Sunday: Euchre at 1:00

Every 4th Saturday: Euchre Tournament
at 5:00

Atlanta

Thursday: Bunco or Bingo
(Alternating weeks) 1:00 to
4:00

Wednesday: Euchre 2 to 4 pm

Tuesday: Thunder Bay Quilt
Guild 10 to 12:30

Mon, Wed and Fri: Exercise
Class 9 to 10:15 am

Lewiston

Monday: Bunco 5:30

Wednesday: Bingo
4:00

Thursday: Dominos
5:30

Tues & Thurs: Euchre
5:30

**COMING
SOON!!**

**MATTER OF
BALANCE
CLASSES**



For safety, this will be a drive up distribution. Please remain in your vehicle. May pick up for more than one family. No Income requirements. May begin earlier to lessen traffic.

ATLANTA - 10:30 to 1:00

First Wednesday of the Month
ATLANTA THUNDER BAY EAGLES

10982 M-32, Atlanta

February 7, 2024

HILLMAN - 11 Until Gone

Third Wednesday of the Month

PATCHWOOD PLAZA

14797 State Street South, Hillman

February 21, 2024

Hillman Contact: Barb Durlinger

989-742-2790

Atlanta Contact: Zuesha Lunsford

989-590-7612

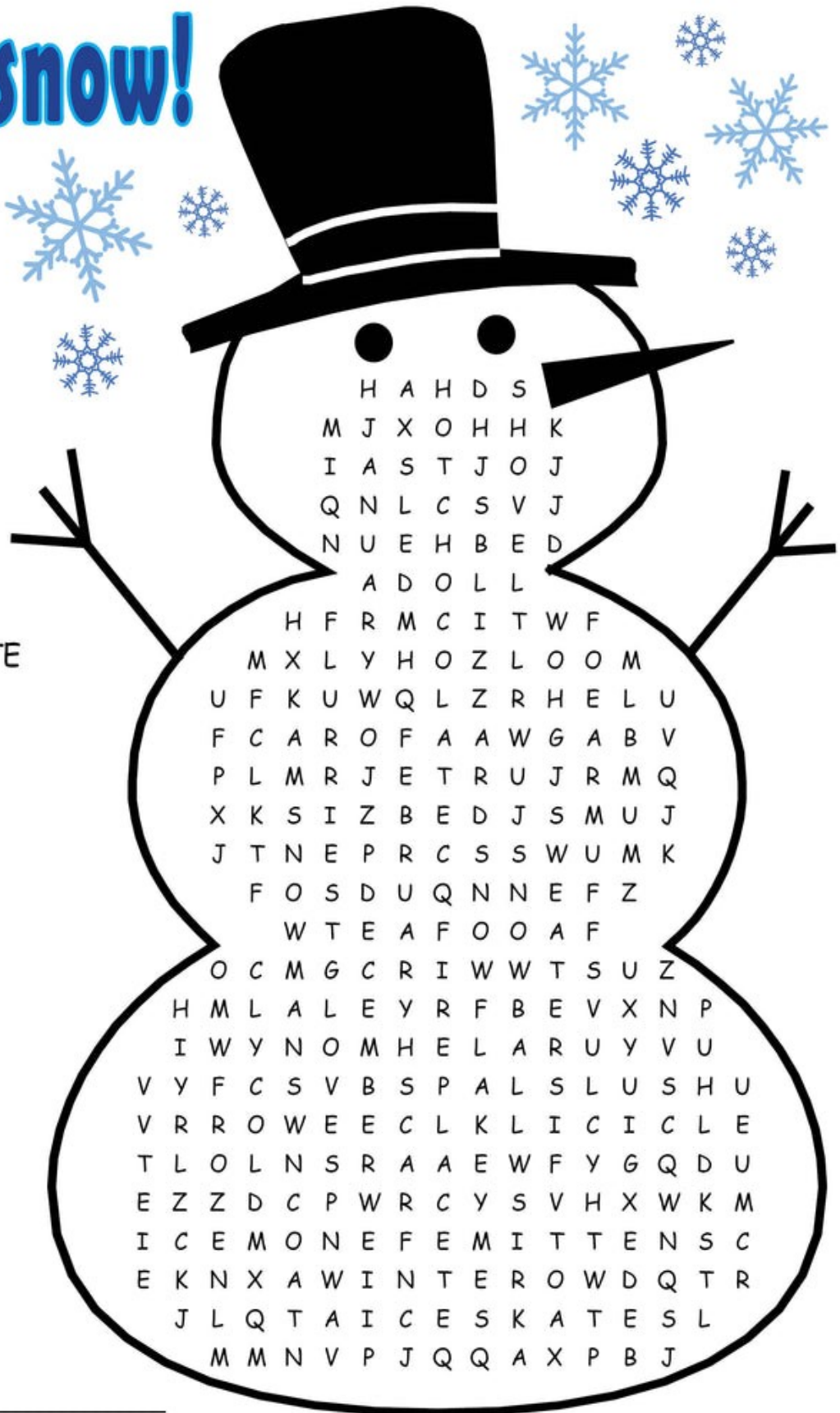
“Hey folks, brace for bad weather!

Check Channel 7 & 4 for service closures

and safety updates. Stay tuned and stay safe!”

Let it snow!

- BLIZZARD
- COAT
- COLD
- DECEMBER
- EARMUFFS
- FEBRUARY
- FIREPLACE
- FLURRIES
- FROZEN
- GLOVES
- HOT CHOCOLATE
- ICE
- ICE SKATES
- ICICLE
- JANUARY
- MITTENS
- SCARF
- SHOVEL
- SLED
- SLUSH
- SNOWBALL
- SNOWFLAKE
- SNOWMAN
- SWEATER
- WINTER



Name: _____

Deviled Chicken Thighs—2 Servings

1 tsp. butter, softened	dash pepper
1 tsp. cider vinegar	2 boneless , skinless chicken thighs
1 tsp. prepared mustard	3 T. soft breadcrumbs
1 tsp. paprika	2 T. chopped cashews

In a large bowl, combine the butter, vinegar, mustard, paprika and pepper. Spread over chicken thighs. Place in a greased 11x7 in. baking dish. Sprinkle with breadcrumbs. Bake, uncovered at 400 degrees for 15 minutes. Sprinkle with cashews. Bake until Chicken juices run clear, and topping golden brown, 7-12 minutes longer.

Chocolate Turtle Cheesecake - 2 servings

1/3 c. crushed vanilla wafers (about 10)	1/2 tsp. vanilla extract
4 tsp. butter, melted	2 T. beaten large egg, room temp
4 oz. cream cheese softened	2 T. hot fudge ice cream topping, warmed
2 T. sugar	3 T. hot carmel ice cream topping

In a small bowl, combine wafers, crumbs, and butter. Press onto the bottom and 1/2 inch up the sides of a greased 4-in spring form pan. Beat the cream cheese, sugar and vanilla in a small bowl until smooth. Add the egg; beat at low speed until combined. Spread the mixture onto the crust. Stir the fudge topping into the remaining batter; gently spread over the cream cheese layer. Place pan on baking sheet. Bake at 350 degrees until the center is almost set, 20-25 minutes. Cool on a wire rack for 10 minutes. Carefully run a knife around the edges of the pan to loosen; let it sit for an hour . Refrigerate overnight . Remove the side of the pan. Drizzle caramel topping over cake.

February, 2024 ATLANTA SENIOR CENTER MENU

PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING







Doors will open at 4:30 p.m. for Congregate meals . Dinner served at 5:00 p.m.

with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE Call in reservations must be made before 11 am at **(989) 785-3932**.

At this time walk-in reservations are restricted.

For home delivered meal cancellations please call (989)785-2580 Before 11:00

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Atlanta Senior Center 1178 M 33 N 989-785-3932</p>			<p>1. Hamburger Stroganoff Over Noodles Brussel Sprouts Beets Pears</p> 	<p>2. CLOSED</p>
<p>5. Baked Ham Scalloped Potatoes Green Beans Pineapple</p>	<p>6. Taco's Refried Beans Corn & Black Bean Mandarin Oranges</p>	<p>7. Chicken Ala King Over Biscuits Broccoli Tossed Salad Peaches</p>	<p>8. Beef Pepper Steak Over Brown Rice Cauliflower Peas Mixed Fruit</p> 	<p>9. Closed</p>
<p>12. Meatloaf Au Gratin Potatoes Brussel Sprouts Applesauce</p>	<p>13. Liver & Onions American Fries Prince Charles Blend Pears</p>	<p>14. BIRTHDAY TURKEY DINNER CAKE & ICE CREAM</p> 	<p>15. Baked Fish Roasted Red Potatoes Coleslaw Mixed Fruit</p> 	<p>16. Closed</p>
<p>19. Sausage & Sauerkraut Boiled Potatoes Squash Applesauce</p>	<p>20. Chicken Stir Fry Over Brown Rice Far East Blend Chinese Coleslaw Pineapple</p>	<p>21. Swiss Steak Mashed Potatoes Carrots Mandarin Oranges</p>	<p>22. Lasagna Tossed Salad Green Beans Mixed Fruit</p> 	<p>23. Closed</p>
<p>26. Pork Chops Au Gratin Potatoes Prince Charles Blend Applesauce</p>	<p>27. Goulash Tossed Salad Broccoli Mandarin Oranges</p>	<p>28. Oven Fried Chicken Baked Potato Squash Peaches</p>	<p>29. Beef Tips & Gravy Over Rice Spinach Carrots Pears</p> 	<p>Closed</p>

EXERCISE CLASS

Monday, Wednesday, & Friday
9:00 am—10:15 am

Wednesdays

Euchre 2-4
Atlanta Sr. Center

COMMODITIES

Seniors
(40 lbs.)
February 20, 2024
12:30-1:00

BUNCO/BINGO

Please call Cathy at (989) 350-5636 for Bunco or Linda for Bingo at (989) 785-6594
To make sure there is a partner available
(Every other Thursday)

Thunder Bay Quilt

Guild
10 - 12:30 Tuesday
Please call Pam
Achatz

January 2024 HILLMAN SENIOR CENTER MENU


PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:30 p.m. for Congregate meals . Dinner served at 5:00 p.m.
with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE. Call in reservations must be made before 11 A.M at (989)742-3013.

At this time walk-in reservations are restricted.

FOR HOME DELIVERED MEAL CANCELLATIONS PLEASE CALL (989)785-2580 Before 11:00

Monday	Tuesday	Wednesday	Thursday	Friday
HILLMAN CENTER 431 PINE VIEW COURT 989-742-3013			1. Hamburger Stroganoff Over Noodles Brussel Sprouts Beets Pears	2. Closed
5. Baked Ham Scalloped Potatoes Green Beans Pineapple	6. Taco's Refried Beans Corn & Black Beans Mandarin Oranges	7. Oven Fried Chicken Baked Potato Squash Peaches	8. Beef Pepper Steak Over Brown Rice Cauliflower Peas Mixed Fruit	9. Closed
12. Meatloaf Au Gratin Potatoes Brussel Sprouts Applesauce	13. Liver & Onions American Fries Prince Charles Blend Pears	14. Chicken Ala King Over Biscuits Cauliflower Tossed Salad Peaches	15. Baked Fish Roasted Red Potatoes Coleslaw Mixed Fruit	16. Closed
19. Sausage & Sauer-kraut Boiled Potatoes Squash Applesauce	20. Chicken Stir Fry Over Brown Rice Far East Blend Chinese Coleslaw Pineapple	21. Swiss Steak Mashed Potatoes Carrots Mandarin Oranges	22. Lasagna Tossed Salad Broccoli Mixed Fruit	23. Closed
26. Pork Chops Au Gratin Potatoes Prince Charles Blend Applesauce	27. Goulash Tossed Salad Broccoli Peaches	28.. BIRTHDAY TURKEY DINNER CAKE & ICE CREAM 	29. Beef Tips & Gravy Over Rice Spinach Carrots Pears	Closed

Commodities
Seniors
(40 lbs.)
February 20, 2024
1:30-2:00

Open at 1pm
Monday thru
Thursday
Puzzles, Wi-Fi &
Library

Hillman Sr. Center
Board of Directors
Meeting
Every 2nd Wednesday 9

EUCHRE
SUNDAY @ 1:00

Line Dancing and Quilting
Wednesdays at 10 am

EUCHRE TOURNAMENT EVERY 4TH
SATURDAY. MEAL AT 5 PLAY AT 6

January 2024 LEWISTON SENIOR MENU


PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:00 p.m. for Congregate meals. Dinner served at 5:00 p.m.
with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE. Call in reservations must be made before 11 A.M. at (989)786-3124.

At this time walk-in reservations are restricted.

FOR HOME DELIVERED MEAL CANCELLATIONS PLEASE CALL (989)785-2580 Before 11:00

Monday	Tuesday	Wednes-	Thursday	Friday
Lewiston 50 + Club 2811 Kneeland 989-786-3124	Join us at 4:00 for Soup and Salad Bar available for \$1.00 each	Closed	1. Baked Chicken Rice Pilaf Coleslaw Malibu Blend Peaches	2. Hamburger Stroganoff Over Noodles Brussel Sprouts Beets & Pears
5. Baked Ham Scalloped Potatoes Green Beans Pineapple	6. Taco's Refried Beans Corn & Black Bean Mandarin Oranges	7. Closed	8. Chicken Ala King Over Biscuits Broccoli Tossed Salad Peaches	9. Beef Pepper Steak Over Brown Rice Cauliflower Peas Mixed Fruit
12. Meatloaf Au Gratin Potatoes Brussel Sprouts Applesauce	13. BIRTHDAY TURKEY DINNER CAKE & ICE CREAM 	14. Closed	15. Oven Fried Chicken Baked Potato Squash Peaches	16. Baked Fish Roasted Red Potatoes Coleslaw Mixed Fruit
19. Sausage & Sauer-kraut Boiled Potatoes Squash Applesauce	20. Liver & Onions American Fries Prince Charles Blend Pears	21. Closed	22. Swiss Steak Mashed Potatoes Carrots Mandarin Oranges	23. Lasagna Tossed Salad Broccoli Mixed Fruit
26. Pork Chops Au Gratin Potatoes Prince Charles Blend Applesauce	27. Goulash Tossed Salad Broccoli Pears	28. Closed	29. Chicken Stir Fry Over Brown Rice Far East Blend Chinese Coleslaw Pineapple	

Commodities

**Seniors
(40 lbs.)**

February 20, 2024
11:30-12:00

Exercise Class:

Monday, Wednesday,
Thursday &

Friday at 10a.m.

Come Join Us!



Every Wednesday

Doors open at 4:00



Euchre:

Every Tuesday &
Thursday 5:30

Lewiston 50+ Club

Board of Directors

Meeting

(3rd Monday)

10:00 am