

Montmorency County Senior News

11463 McArthur Road, P.O. Box 788, Atlanta, MI 49709

web www.montmorencycoa.org

October 2025

Issue 104

MCCOA TOTALS FISCAL YEAR 24-25:

37,968 Meals Delivered

14,176 Meals Served

3,248.25 In-Home Hours



Office Hours

Monday - Thursday 8:30 a.m. - 4:30 p.m.

Friday 8:30-4:30 p.m.

Not open to public on Fridays

989-785-2580

MCCOA 2025 Board Meeting Dates

October 16, 2025

November 20, 2025

December 18, 2025

Board Meeting 4:30 pm at

MCCOA Office

Director's Corner

As many of you know, recent changes have taken place regarding our services in Atlanta. At this time, we are no longer leasing the kitchen at the Atlanta Senior Center. This decision was not made lightly. Financial restraints have required us to reduce the number of centers we operate from, and after careful review, the board determined that this was the most sustainable course of action for the year ahead.

It is important to note that all of our services remain in progress with no interruptions. This change only affects the congregate meal setting in Atlanta.

For those interested in the details behind this decision, I encourage you to review the PowerPoint presentation we've prepared found at our website. It outlines the challenges we are facing and the reasons why we had to make this difficult choice.

In the meantime, we want to ensure that everyone still has access to a congregate meal. You are warmly invited to join us at either the Lewiston 50+ Club or the Hillman Senior Center during this transition period. Please know that we are working diligently to find a mutual agreement so that meals can once again be delivered to the Atlanta Senior Center.

We ask for your patience and understanding as we navigate this transition. Our commitment remains strong— to preserve and protect the programs and services that mean so much to our community.

Beverly Crawford, Executive Director

MCCOA BOARD MEMBERS

Joseph Bouchey, Chairperson

Corleen Proulx, Treasurer

Jacquelyn Lardie, Secretary

James Madison, Trustee

John Mulholland, Trustee

MCCOA STAFF

Beverly Crawford, Executive Director

bcrawford@montmorencycoa.org

Jeanne Steele-Brady, Registered Nurse

jsteelebrady@montmorencycoa.org

Linda Kline, Workforce Coordinator

lkline@montmorencycoa.org

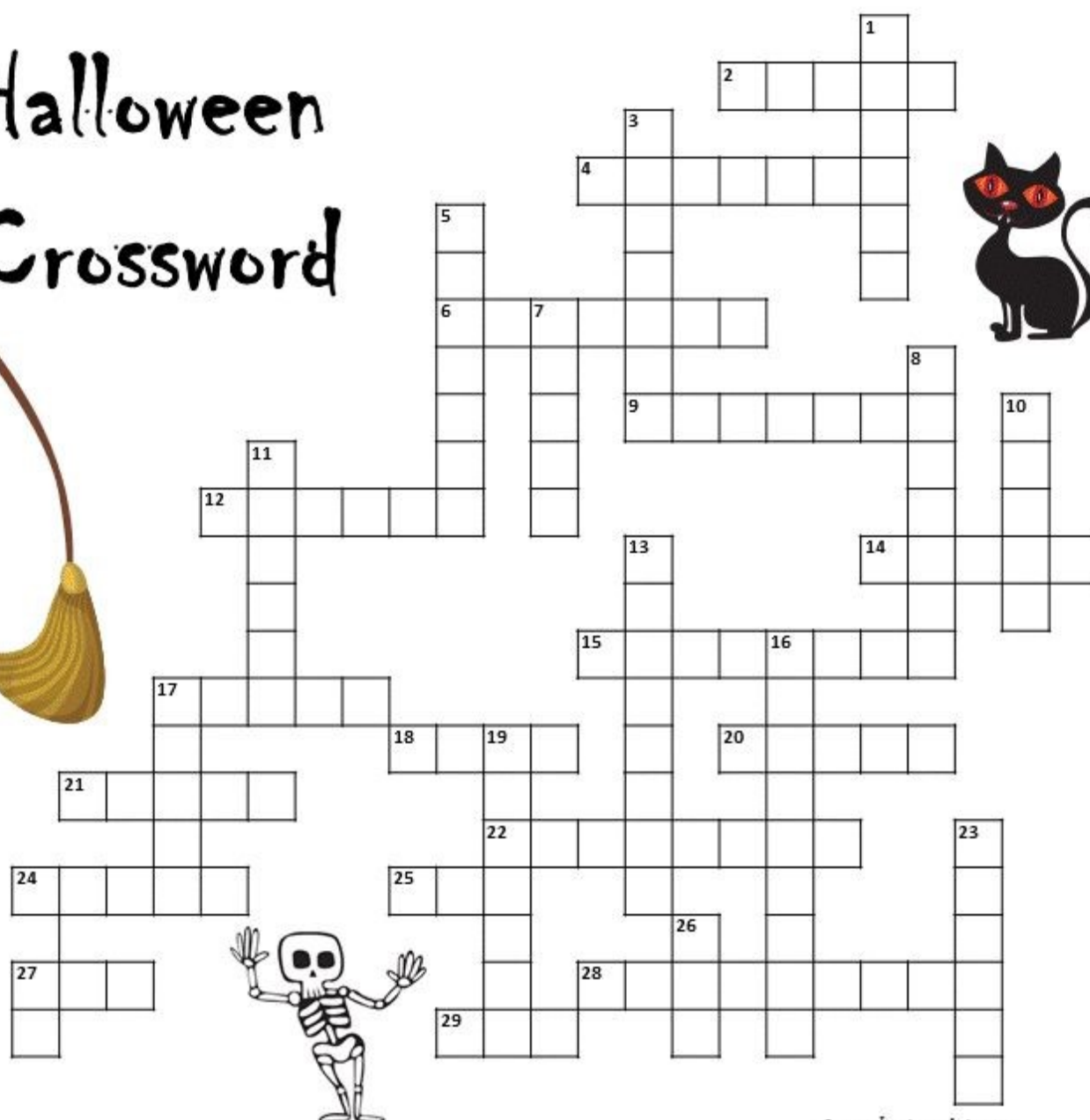
Michelle Caten, Administrative Assistant

mcaten@montmorencycoa.org

Alexandra Dennis, In Home Coordinator

adennis@montmorencycoa.org

Halloween Crossword



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Across

2. Frightening
4. He hates garlic
6. Frankenstein had one
9. The Count
12. Where a vampire sleeps
14. ____ or treat
15. Scare
17. A skeleton is just a bunch of these
18. Mr. O'Lantern

20. What the pot might call the kettle
21. ____ stories
22. A boney sort of fellow
24. Found in Egypt
25. Lives in the belfry
27. Whoo? Whoo?
28. Playground for ghosts
29. What a spider spins

Down

1. When something makes our skin crawl, it's this
3. ____ house
5. Makes a popular pie
7. When ghosts come out to play
8. Fire burn, and ____ bubble
10. Samantha for example
11. Evil or mischevous creature

13. Comes out on full moon nights
16. October 31st
17. Witch transportation
19. Disguise
23. Incey wincey is one of these
24. Might be full, half, or new
26. He swallowed the canary

Slow-Cooker Turkey Chili

Use the slow cooker to make this chili that your family will love and that won't keep you in the kitchen for hours.

Ingredients

- 1 tablespoon olive oil
- 1 cup chopped onion
- 2 garlic cloves, minced
- 1½ pounds ground turkey
- 1 15-ounce can black beans, drained and rinsed
- 1 14½-ounce can low-sodium diced tomatoes with chilies
- 1 15-ounce can pizza sauce
- 1 10.75-ounce can reduced-sodium tomato soup
- 2 tablespoons chili powder
- 1 tablespoon reduced-sodium Worcestershire sauce
- ¼ teaspoon ground pepper

Directions

Before you begin: Wash your hands.

1. Heat oil in a large pan over medium-high heat.
2. Add onion and garlic. Cook about 2 minutes until golden brown.



Pumpkin Ricotta Stuffed Shells

Ingredients

- ◆ 6 ounces jumbo pasta shells (about 12 jumbo pasta shells)
- ◆ 1 1/4 cups ricotta cheese, part skim
- ◆ 3/4 cup pumpkin
- ◆ 1/2 teaspoon garlic powder (or 2 cloves garlic, minced)
- ◆ 2 tablespoons basil
- ◆ 1/4 teaspoon sage, dried
- ◆ 1/2 teaspoon salt
- ◆ 1/2 teaspoon black pepper
- ◆ 1/2 cup grated parmesan cheese, divided
- ◆ 1 cup spaghetti sauce (low sodium)

Directions

1. Wash hands with soap and water.
2. Preheat oven to 350° F.
3. Cook pasta shells according to package directions. Drain and place each on a baking sheet to cool.
4. In a medium bowl, stir together ricotta, pumpkin, spices, and all but 1 tablespoon of the cheese. Reserve the 1 tablespoon cheese for topping.
5. Spread pasta sauce in the bottom of a baking dish that holds all of the shells in a single layer. Fill each shell with about 3 table-spoons of pumpkin mixture and place shells close together on top of the sauce.
6. Cover pan with foil and bake for 30 minutes. Remove foil, sprinkle with remaining cheese, and place back in oven to bake for an additional 15 minutes.
7. Remove from oven, cool slightly and serve!



What's Happening

St. Vincent DePaul
FOOD PANTRY

St. Augustine Church
Hillman, MI

989-742-4542

Call for appointment.

Open to everyone!

Our next mobile Secretary of State date will be on Wednesday Nov 26th at 10:00am to 3:00pm. This is a public event for everyone.



LEWISTON 50+
CLUB HAS A NEW
NUMBER

(989) 342-0088

This number is for the club only. Please continue to call MCCOA for all meal delivery and congregate meal services.

For rentals at the Hillman Senior Center, please contact Fred Kochis at (989) 742-4434. Please leave a message if no answer. Please do not send a text message as this is a landline, thank you.

HILLMAN - 11 Until Gone

First and Third Wednesday of the Month

PATCHWOOD PLAZA

14797 State Street South, Hillman

October 1st and 15th, 2025

Hillman Contact: Barb Durflinger

989-742-2790

For your safety, this will be a drive up distribution.
Please remain in your vehicle.

May pick up for more than one family.
No Income requirements.

May begin earlier to lessen traffic.

First come - First served. Limited supply.

H.A.R.P

Hillman Area Resource Pantry

NEW BEGINNINGS MINISTRIES

16960 Co. Rd. 459

989-464-4810 (Juli)

First Tuesday 9:00-11:00 A.M.

MCCOA OFFICE

**We have non perishable food items at the
MCCOA Office for our seniors.**

**You may stop in Monday thru Thursday from
9am until 3pm . Please bring your own**

shopping bags.



A HUGE **THANK YOU**
GOES OUT TO THE
COMMUNITY
FOUNDATION
FOR NORTHEAST
MICHIGAN
WHO AWARDED
MONTMORENCY
COUNTY COMMISSION
ON AGING WITH THE
URGENT NEEDS GRANT!

THE GRANT MONEY WENT
TOWARDS RESTOCKING
THE FOOD PANTRY AT THE
OFFICE THAT WAS USED TO
PROVIDE MEALS TO OUR
ELDERLY CLIENTS IN
MONTMORENCY COUNTY
DURING THE MARCH/ APRIL
ICE STORM!

THE COMMUNITY
THANKS YOU FOR ALL
YOUR SUPPORT!



OCTOBER 2025 HILLMAN SENIOR CENTER MENU

PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:00 p.m. for Congregate meals . Dinner served at 5:00 p.m.
with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$12.00.

MENU IS SUBJECT TO CHANGE. Call in reservations must be made before 11 A.M at **(989)742-3013.**

At this time walk-in reservations are restricted.

FOR HOME DELIVERED MEAL CANCELLATIONS PLEASE CALL (989)785-2580 Before 11:00

Mon	Tue	Wed	Thu	Fri
HILLMAN CENTER 431 PINE VIEW COURT 989-742-3013		1. Smothered Pork Chop Mashed Potatoes Peas & Carrots Applesauce	2.Chilli w/ Cornbread Green Beans Tossed Salad Pears	3. CLOSED
6. Country Fried Steak Mashed Potatoes Squash Mandarin Oranges	7. Ham Sweet Potatoes Green Beans Pineapple	8. Chicken Ala King Over Biscuits Broccoli Tossed Salad Peaches	9. Swedish Meatballs Over Rice Beets Spinach Applesauce	10. CLOSED
13. Swiss Steak Mashed Potatoes Green Beans Pears	14. Sweet & Sour Pork Over Brown Rice Broccoli Prince Charles Blend Pineapple	15. Chicken Parmesan Spaghetti Tossed Salad California Blend Peaches	16. Cabbage Rolls Boiled Potatoes Carrots Pears	17. CLOSED
20. Beef Tips & Gravy Over Mashed Potatoes Green Beans Beets Mandarin Oranges	21.Cranberry Chicken Rice Pilaf California Blend Tossed Salad Peaches	22. Pork Roast Mashed Potatoes Glazed Carrots Applesauce	23. Meatloaf Scalloped Potatoes Prince Charles Blend Mixed Fruit	24. CLOSED
27.Veal Parmesan Spaghetti Tossed Salad Malibu Blend Mixed Fruit	28. Sausage & Sauerkraut Boiled Potatoes Squash Applesauce	29. BIRTHDAY TURKEY DINNER CAKE & ICE CREAM 	30. Stuffed Peppers Mashed Potatoes Peas & Carrots Pears	31. 

Senior Commodities Patchwood Plaza 14797 State St, Hillman Third Wednesday of Month October 15th, 2025 10:00am	Open at 1pm Monday thru Thursday Puzzles, Wi-Fi & Library	Hillman Sr. Center Board of Directors Meeting Every 2nd Monday 3 pm	Line Dancing and Quilting Wednesdays at 10 am
		EUCHRE SUNDAY @ 1:30	EUCHRE TOURNAMENT EVERY 4TH SATURDAY. MEAL AT 5 PLAY AT 6

OCTOBER 2025 LEWISTON SENIOR MENU

PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:00 p.m. for Congregate meals. Dinner served at 5:00 p.m.
with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$12.00.

MENU IS SUBJECT TO CHANGE. Call in reservations must be made **before 11 A.M. at (989)786-3124.**

At this time walk-in reservations are restricted.

FOR HOME DELIVERED MEAL CANCELLATIONS PLEASE CALL (989)785-2580 Before 11:00

Monday	Tuesday	Wed	Thursday	Friday
Lewiston 50+ 2811 Kneeland (989) 786-3124		1. CLOSED	2. Bratwurst Baked Beans Green Beans Applesauce	3. Liver & Onions Mashed Potatoes Mixed Vegetables Pears
6. Country Fried Steak Mashed Potatoes Squash Mandarin Oranges	7. Ham Sweet Potatoes Green Beans Pineapple	8. CLOSED	9. Chicken Ala King Over Biscuits Broccoli Tossed Salad Peaches	10. Swedish Meatballs Over Rice Beets Spinach Applesauce
13. Swiss Steak Mashed Potatoes Green Beans Mixed Fruit	14. Sweet & Sour Pork Over Brown Rice Broccoli Prince Charles Blend Pineapple	15 CLOSED	16. Chicken Parmesan Spaghetti Tossed Salad California Blend Peaches	17. Cabbage Rolls Boiled Potatoes Carrots Pears
20. Beef Tips & Gravy Over Mashed Potatoes Green Beans Beets Mandarin Oranges	21. BIRTHDAY TURKEY DINNER CAKE & ICE CREAM 	22. CLOSED	23. Pork Roast Mashed Potatoes Glazed Carrots Applesauce	24. Meatloaf Scalloped Potatoes Prince Charles Blend Mixed Fruit
27. Veal Parmesan Spaghetti Tossed Salad Malibu Blend Mixed Fruit	28. Sausage & Sauerkraut Boiled Potatoes Squash Applesauce	29. CLOSED	30. Cranberry Chicken Rice Pilaf California Blend Coleslaw Peaches	31. Stuffed Peppers Mashed Potatoes Peas & Carrots Pears 

Senior Commodities

Bethlehem Lutheran
Church
3805 Co Rd 612
Lewiston
October 2nd, 2025
11:00-12:00

Exercise Class:

Monday, Wednesday,
Thursday &
Friday at 10a.m.
Come Join Us!



Every Wednesday
Doors open at 4:00

Euchre:
Every Tuesday &
Thursday 5:30



Lewiston 50+ Club

Board of Directors

Meeting

(3rd Monday)

10:00 am